

## Revive Clinic Price and Service List

**Get Well Services etc** ..... \$32.50 per consultation

With no appointment necessary, you will be able to access the services of our qualified nurse practitioners who can diagnose and prescribe for up to 30 common medical conditions. These include:

- Respiratory conditions, including colds, flu, coughs, sinus infections, sore throats, bronchitis, allergies
- Headaches, ear aches and infections, styes
- Skin infections and rashes, including insect bites, lice, cold sores, sunburn, ringworm, shingles, tinea
- Digestive conditions, including nausea, vomiting, diarrhoea, urinary tract and bladder infections

Prescriptions will be written where appropriate.

**Please note:** Waiting times may apply during busy periods. To ensure a timely service, an appointment for Get Well Service consultation is recommended.

**Stay Well Services etc** ..... from \$29.00 per consultation

The Stay Well Service starts with a Lifestyle Health Risk Assessment to determine any pre-existing and current conditions, your frequency of health screening and potential lifestyle risk factors. From this an individual risk factor score and personal report is produced. Based on this information, a program is recommended. High risk individuals are referred to their GP.

**Lifestyle Health Risk Assessment** ..... \$29.00 per consultation

Assesses lifestyle risk factors such as diet and nutrition, level of physical activity, alcohol use, stress levels, smoking, weight, health history, mental health, and sleep and fatigue. Identifies your risk of illness in the future and how this can be avoided.

**Men's and Women's Health 18+** ..... \$65.00 per consultation

This screening will help to assess your risk of developing heart disease or diabetes. It includes:

- Lifestyle Health Risk Assessment
- Consultation with nurse practitioner, may include testing cholesterol, glucose, liver, kidney function
- Referral into a relevant lifestyle health management program





**Men's Health 40+** ..... \$65.00 per consultation

This screening will help to assess your risk of heart disease, diabetes or prostate cancer. It includes:

- Lifestyle Health Risk Assessment
- Consultation with nurse practitioner, which may include testing cholesterol, glucose, PSA, liver and kidney function
- Referral into a relevant lifestyle health management program

**Healthy Heart** ..... \$65.00 per consultation

If you have a history of high blood pressure or high cholesterol the Healthy Heart package will assist you in preventing the onset of heart disease. It includes:

- Lifestyle Health Risk Assessment
- Consultation with nurse practitioner, may include blood testing
- Referral into a relevant lifestyle health management program

**Diabetes Fighting** ..... \$65.00 per consultation

If you are overweight, over 40, have a family history of diabetes or if you have diabetes and want to learn how to manage your condition, we recommend the Diabetes Fighting package. It includes:

- Lifestyle Health Risk Assessment
- Consultation with nurse practitioner may include testing cholesterol, glucose, Haemoglobin A1C, liver and kidney function, C Reactive Protein, Homocysteine

**SmokeFree** ..... \$75.00 per consultation

If you are a smoker, or if you know somebody who is ready to quit for good, the SmokeFree program is for them. It includes:

- Lifestyle Health Risk Assessment
- Consultation with nurse practitioner
- Prescription for nicotine replacement medication if required
- Booking into six-week SmokeFree program and assignment of a SmokeFree coach

**Weight Loss** ..... \$65.00 per consultation

If you are struggling with your weight, are overweight or obese, the Weight Loss package will ensure you make the most of improving your health as you make progress towards your weight loss goals. It includes:

- Lifestyle Health Risk Assessment
- Consultation with nurse practitioner for Body Mass Index (BMI) and waist circumference measurement
- Booked into six-week Weight Loss program and assigned a Weight Loss coach





**Get in Shape** ..... \$65.00 per consultation

Exercise is a key to a healthy lifestyle. If you haven't exercised for a while it is sometimes hard to know where to begin. This package will ensure you are ready to start your new regime. It includes:

- Lifestyle Health Risk Assessment
- Consultation with nurse practitioner for physical examination
- Booked into six-week Get in Shape program and assigned a Get in Shape coach

**Stress Relief** ..... \$65.00 per consultation

Stress can have real negative effects on your health, not to mention your state of mind. The Stress Relief package will ensure you are ready to learn new ways to reduce and manage stress. It includes:

- Lifestyle Health Risk Assessment
- Consultation with nurse practitioner
- Booked into six-week Stress Relief program and assigned a Stress Relief coach

**Physicals** ..... \$65.00 per consultation

Consultation with nurse practitioner for physical examination. Includes measurement and/or evaluation of height and weight, blood pressure, vision, eyes, ears, nose, throat, neck, chest, heart, abdomen, pulses, lymph nodes, skin, joints, spine, and muscles.

**Pre-School Health Checks** ..... \$65.00 per consultation

Consultation with nurse practitioner for physical examination. Includes measurement and/or evaluation of height and weight, blood pressure, vision, eyes, ears, nose, throat, neck, chest, heart, abdomen, pulses, lymph nodes, skin, joints, spine, and muscles.

**Pre-Employment Health Checks** ..... \$65.00 per consultation

Consultation with nurse practitioner for physical examination. Includes measurement and/or evaluation of height and weight, blood pressure, vision, eyes, ears, nose, throat, neck, chest, heart, abdomen, pulses, lymph nodes, skin, joints, spine, and muscles.

**General Nurse Consultation**..... \$65.00 per consultation

**Follow-Up Visits** ..... \$65.00 per consultation

**Coaching** ..... \$60.00 per session

The cost of all coaching is not included in the price and will incur an additional fee.

**Please note:** Prices listed do not include fees for blood testing. In some circumstances, a nine-hour fast may be recommended for the most accurate test results. Appointments are necessary for Stay Well Service consultations.

